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## SURFING MOODS

### CATCHING THE BEST WAVES IN THE WEST COUNTRY

*Jon Bowen*

The South West of England (the bit that sticks out into the Atlantic) is the true home of surfing UK. From the Fistral Bay longboarders of the hip 1960s, surfing and surfing culture in this part of the world has come a long way. Thousands now flock to the beaches of Devon and Cornwall to catch the best waves.

*Surfing Moods* is not a guide book, it contains no tips or advice. It simply contains some great photographs of Westcountry surfers and what they do.

So when you're far from the sea, in moments when you can't get the crash of waves out of your head, just pick up this book and dream...



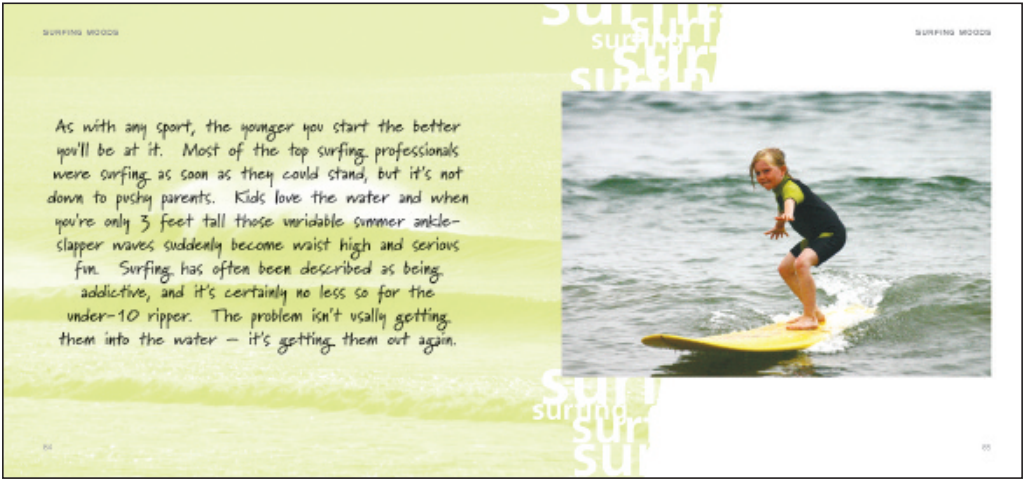
**Jon Bowen** is a life-long surfer, photographer and sometime writer living in North Devon, specialising in surf and ocean photography. He has scoured the coastline of Devon and Cornwall in search of waves for as long as he can remember, riding and documenting the surf he finds with his camera. When work commitments allow he travels further to unusual surf destinations such as Yemen, the Arctic or the African jungle, in search of waves and interesting things to photograph. His work has appeared in surfing magazines, newspapers and websites all over the world.



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Above: Examples of double page spreads

Left: Surfing throughout the South West of England



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